

Blood Glucose / Insulin / CHO Log for _____

/ /	MN:	1:	2:	3:	4:	5:	6:	7:	8:	9:	10:	11:	12:	1:	2:	3:	4:	5:	6:	7:	8:	9:	10:	11:	
Glucose																									
Insulin-_____																									
Insulin-_____																									
CHO (Grams)																									

/ /	MN:	1:	2:	3:	4:	5:	6:	7:	8:	9:	10:	11:	12:	1:	2:	3:	4:	5:	6:	7:	8:	9:	10:	11:	
Glucose																									
Insulin-_____																									
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